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MOUNTAIN FLAVORS

SIDE DISH RECIPE:

Butternut Squash Bisque

October 25, 2020, Episode 5

From Chefs Jessica & Brian Nichols of Brian's in Bethel

Serves 4

Ingredients:

Butternut Squash, **softened by ~one hour of roasting, see Instruction #2!

2 Tbs Butter

1 Onion

3.5 C Veggie Stock

¹/₂ C White Wine

1 Tbs Chopped Garlic

1 Sprig Fresh Chopped Rosemary

1 C Heavy Cream

Salt & Pepper

Instructions:

- 1. Preheat oven to 400 degrees
- 2. Cut squash into large pieces and roast in oven for about an hour until squash is soft
- 3. Melt butter in pot over medium heat, add onion and cook until softened
- 4. Deglaze pan with white wine and let cook for 1-2 minutes
- 5. Add chopped garlic, the scooped flesh from squash, and stock
- 6. Simmer for about 20 minutes.
- 7. Remove from heat and blend until smooth
- 8. Once blended, return to heat and bring back to a simmer
- 9. Add heavy cream, and salt and pepper to taste
- 10. Top with croutons or garnish of choice to serve, and Enjoy!